

2005 SCHEDULE AND RESULTS

January

8 (Sa.) at U of Chicago Open NTS
15 (Sa.) at Purdue Invitational NTS
22 (Sa.) at EIU MegaMeet M - 3rd
W - NTS
29 (Sa.) at Redbird Invitational NTS

February

5 (Sa.) at Carthage Invite M - 3rd
W - 5th
12 (Sa.) at Lewis Invitational NTS
19 (Sa.) at UWM Quad 11:00 AM
26 (Sa.) at HL Championships 5:00 PM
27 (S) at HL Championships 5:00 PM

March

5 (Sa.) at Alex Wilson Invite 11:00 AM
26 (Sa.) at Purdue Open 10:00 AM

April

2 (Sa.) at Big Blue Classic 10:00 AM
8 (F) at Chicago. Champs 3:00 PM
9 (Sa.) at Chicago. Champs 3:00 PM
16 (Sa.) at Wheaton Invite 10:00 AM
23 (Sa.) at St. Joe's Invite 10:00 AM
30 (Sa.) at Butler Open 1:00 PM

May

12 (Th.) at HL Championships 4:00 PM
13 (F) at HL Championships 4:00 PM
20 (F) at Last Chance Meet 1:00 PM
27 (F) at NCAA Regionals 10:00 AM
28 (Sa.) at NCAA Regionals 10:00 AM



WEEKLY UPDATE UIC TRACK AND FIELD FEBRUARY 14th - 20th, 2005



THE WEEK AHEAD:

2/19 - at UW-Milwaukee Quad.

Where: Indianapolis, Ind.

Time: 11:00 a.m.

MEN'S WEEKLY RECAP:

Sophomore sprinter **Trent Thompson (Naperville, Ill./Waubonsie Valley/Maryland-Baltimore County)** turned in a pair of top-three finishes to lead the men's track and field team at the Lewis Invitational on Saturday afternoon. Thompson claimed the 400-meter dash title with a team-season, best time of 50.73, while adding a third-place, season-best time of 22.9 in the 200-meter dash.

WOMEN'S WEEKLY RECAP:

Sprinter **Rowsha LaBranche (Bolingbrook, Ill./Bolingbrook)** picked up a trio of top-two finishes to pace the women's track and field squad at the Lewis Invitational on Saturday afternoon. LaBranche took home the 400-meter dash title with a season-best time of 59.83, while picking up a runner-up finish in the 200-meter dash with a season-best time of 26.42. The Bolingbrook, Ill., native rounded out the afternoon, by running a leg of the Flames' winning 4x400 relay team (4:17.90).

QUICK QUARTET:

Rowsha LaBranche, along with teammates **Kerry Brennan (Orland Park, Ill./Sandburg)**, **Renee Koziol (Westmont, Ill./Downers Grove North)** and **Jessica Cwiak (Carol Stream, Ill./West Chicago)** raced to a first-place finish of 4:17.90 in the 4x400 relay.

TRIPLE THREAT:

Junior sprinter **Tamika Johnson (Bellwood, Ill./Proviso West)** took home three top-three marks with second-place, season-best times in both the 55-meter dash (7.46) and 400-meter dash (1:00.07). Johnson later added a third-place mark of 26.72 in the 200-meter dash.

GOOD GAZIS:

Senior throwing specialist **Nick Gazis (Skokie, Ill./Niles West)** earned a season-best, first-place finish in the weight throw on Saturday, with a heave of 14.86 meters. Teammate **Pat Redden (Alsip, Ill./Marist)** finished third with a mark of 13.84 meters.

FIELD FRENZY:

The women's track and field squad excelled in the field events, claiming four second-place finishes. **Laura Otepka (Batavia, Ill./Batavia)** picked up a mark of 1.52 meters in the high jump; **Sarah Morrison (Batavia, Ill./Batavia)** earned a mark of 4.88 meters in the long jump; **Jasmine Sutton (South Holland, Ill./Thornwood)** picked up a personal-best leap of 10.895 meters in the triple jump; and **Candace Jackson (Yorkville, Ill./Yorkville)** gathered a career-best in the weight throw with a heave of 13.59 meters.

HIGH HOPES:

Freshman decathlete **Mike Savegnago (Winfield, Ill./West Chicago)** garnered top honors in the high jump on Saturday afternoon, with a leap of 1.93 meters.

KERRY FAST:

Kerry Brennan grabbed a personal-best, second-place finish of 2:27.77 in the 800-meter run.

