

**MEN'S TRACK & FIELD**[Schedule/Results](#) | [Meet the Team](#) | [News Releases](#) | [Archives](#)**Macias & Mbari Sweep Horizon League Cross Country Athlete Of The Week Awards**

Macias' win in women's two-mile event, Mbari's second-place showing on Saturday earns duo league's weekly honors.

Sept. 5, 2006

Chicago, Ill.- UIC distance runners [Laura Macias](#) (Chicago, Ill./Farragut H.S./Morton College) and [Joseph Mbari](#) (Gatukuyu, Kenya/Ng'Ethu) opened the season in fantastic form at the UIC Home Opener on Saturday, and the two were rewarded on Monday with the inaugural Horizon League Cross Country Athlete of the Week awards of the 2006 season.

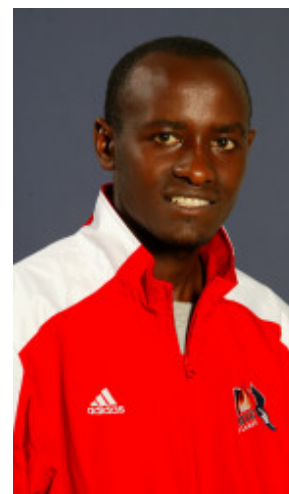
Macias was spectacular in her first-place finish, winning the women's two-mile race in a course-best 11:16. She beat the race's second-place finisher by 16 seconds.

Mbari was strong in leading the men's team to a first-place finish at the home opener. The third-year runner took second-place in the men's 4.1-mile event with a time of 20:53, just three seconds behind the winning time.

UIC returns to the path on Sept. 15th at the Illini Challenge in Champaign, Ill.

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Joseph Mbari was named the first Horizon League Men's Cross Country Athlete of the Week for the 2006 season.