

**MEN'S TRACK & FIELD**[Schedule/Results](#) | [Meet the Team](#) | [News Releases](#) | [Archives](#)

## Men's Cross Country Team Wins UIC Home Opener

Flames down five other squads thanks to three Top 10 showings.

Sept. 2, 2006

### [10th Annual UIC Home Opener Results in PDF Format](#)

- [Download Free Acrobat Reader](#)

**Palos Heights, Ill.-** A balanced performance featuring three top-eight times propelled the UIC men's cross country team to an undefeated day at the 10th annual UIC Home Opener at Horsetail Lake on Saturday morning.

[Joseph Mbari](#) led the way with a second-place performance, finishing the men's 4.1-mile event in 20:53. Mbari was just three seconds away from a win.

Seniors [Jim Sulzberger](#) (6th/21:04) and [Sam Watson](#) (8th/21:17) also turned in stellar efforts on the course.

UIC defeated Loyola, DePaul, UW-Green Bay, St. Xavier and Chicago State to go 5-for-5 in the dual meet format.

The Flames return to action on September 15th at the Illini Challenge in Champaign, Ill.

 [Printer-Friendly Format](#)

 [E-mail this article](#)



Senior Jim Sulzberger and the UIC men's cross country team looked crisp on Saturday.