

Table 2. Results of exercise testing of participants.

TABLE 2	CFS	Control	P value
<i>Tolerance</i>			
Peak Work Capacity, Watts	185.4 ± 37.1	198.5 ± 48.0	Ns
Peak Work Capacity, %	115.2 ± 14.7	116.1 ± 16.1	Ns
VO ₂ Peak (l/min)	2.32 ± 0.57	2.67 ± 0.74	0.08
VO ₂ Peak (%)	99.3 ± 16.6	108.5 ± 19.7	0.09
VO ₂ Peak (ml/kg)	37.4 ± 8.4	40.9 ± 10.2	Ns
Work Slope	10.9 ± 1.3	12.1 ± 1.7	0.01
<i>Ventilatory Parameters</i>			
RR max	50.8 ± 9.2	51.5 ± 9.8	Ns
VE max	89.2 ± 20.1	99.6 ± 29.7	Ns
VE/MVV	78.2 ± 14.4	79.4 ± 12.9	Ns
Breathing Reserve	25.8 ± 18.1	24.6 ± 16.2	Ns
VE/CO ₂ AT	31.1 ± 4.6	29.4 ± 3.9	Ns
VE/O ₂ AT	32.5 ± 4.9	30.5 ± 3.9	Ns
ΔVE/ΔVCO ₂	27.3 ± 4.3	26.4 ± 3.5	Ns
<i>Gas Exchange</i>			
RQ peak	1.25 ± 0.10	1.21 ± 0.07	Ns
Peak ETCO ₂	38.5 ± 4.9	37.9 ± 5.2	Ns
Peak SpO ₂ , %	96.1 ± 1.3	95.2 ± 1.6	0.02
<i>Cardiac Response</i>			
HR peak, bpm	187.6 ± 9.4	185.8 ± 10.9	Ns
Peak O ₂ Pulse	12.4 ± 2.9	14.4 ± 4.2	0.06
Peak O ₂ Pulse, % of pred	103.3 ± 16.6	112.1 ± 17.7	0.09