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NCPAD NEWS: July 2004

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NCBDDD Conference: Navigating Our Future: NCPAD Receives Best Effective Practices Award

The second conference sponsored by the National Center on Birth Defects and Developmental Disabilities (NCBDDD), Centers for Disease Control and Prevention (CDC), "Navigating Our Future: Aligning Strategies and Science," was held July 26-28 in Washington, DC. Themes included promoting early identification of genetic and developmental conditions, preventing birth defects and developmental disabilities, promoting health and well-being and reducing secondary conditions among persons with disabilities, and translating knowledge about prevention to public health policy and programs

<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#1>.

During the conference, NCBDDD, CDC presented NCPAD with the first Best Effective Practices Award, which recognizes individuals or organizations that make significant contributions to public health practice at the community, state, and national levels through the effective use of data and technology. See the award at

<http://www.ncpad.org/get/misc/WebAward.gif>

What the Late Marlon Brando Can Teach Us About Health Promotion

Life is tough. Make no mistake about it. Troubles and hardships are grounded into each of our delicate lives. Listen to the stories of others and you'll be amazed what 'lies beneath.' Some are dealing with a rebellious teenager; others are taking care of a parent with Alzheimer's; many are working through a bitter divorce custody involving young children; millions have either lost their job, are fearful of losing it, or dread their work environment; millions more are deeply depressed, so much so that they can barely get out of bed in the morning; others live with mild depression, struggling to 'make ends meet' in many different contexts. And many more are dealing with pain, suffering, and fatigue that make movement and mobility daily battles.

All of us have been visited by this 'messenger of misery' - and on more than one occasion. This was a term coined by the recently deceased Marlon Brando, who after learning that his son had murdered his daughter's boyfriend, commented to the press, 'The messenger of misery visited my home today.'

What does any of this have to do with health promotion? Everything.

Read the entire column at http://www.ncpad.org/director/fact_sheet.php?sheet=255.

From the Information Specialist's Desk

1. NCPAD has had a makeover!! Our new Web site has been designed for easier user navigation and accessibility. Access keys allow for better accessibility, and NCPAD products and resources are now conveniently organized in the left-hand column by disability or condition, physical activity type (lifetime or competitive sports, exercise/fitness, fun and leisure), references, videos, programs, organizations, and more. The banner at the top of the page provides useful information about contacting NCPAD, accessing the NCPAD newsletter, finding jobs in physical activity and disability, participating in forums on disability and physical activity-related topics, and much more. Send your comments or questions to ncpad@uic.edu or call us at 800-900-8086.
2. At the NCBDDD Conference July 26-28, NCPAD demonstrated our new Web site, as well as our new video, "Exercise Program for Individuals with Spinal Cord Injuries: Paraplegia" which was sponsored by the Christopher and Dana Reeve Paralysis Resource Center. Physical activity and disability factsheets and other NCPAD materials were also available.

Other NCBDDD CDC-sponsored centers:

The Christopher and Dana Reeve Resource Center at <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#2> provides educational materials on paralysis and the prevention of secondary conditions in order to improve the quality of life for people with paralysis. The center houses a staff of information specialists (800-539-7309), a library, and a Web site which provides a range of information including active living, health, kid's zone, caregivers, rehabilitation, resources, research, and more.

The National Limb Loss Information Center (NLLIC) at <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#3> was established to provide a source of national and centralized comprehensive limb loss information and referral, publications, prosthetic resources, and peer support. The center maintains a large consumer database to determine the prevalence of limb loss among children and adults and a database of literature and referral sources. The center also offers peer support groups, a national magazine for consumers and family members, and provides an interactive Web site.

Other supported programs include the Healthy Athletes Program hosted by Special Olympics International (<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#4>) to promote the health of athletes with disabilities, and the Georgia Special Olympics, Special Smiles Program to improve the health of athletes with disabilities through on-site oral health screening during the games.

To learn more about NCBDDD-sponsored Disability and Health Ongoing Activities, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#5>.

3. NCPAD is in the process of developing a personal trainer's database. If you or someone you know is a personal trainer who has experience working with persons with disabilities, please send your name and contact information to Cheeri Ong at cheeri@uic.edu or 800-900-8086.

NCPAD Research Abstracts

Hakkinen, A., Sokka, T., Lietsalmi, A., et al. (2003). Effects of dynamic strength training on physical function, Valpar 9 work sample test, and working capacity in patients with recent-onset rheumatoid arthritis.

Arthritis & Rheumatism, 49(1), 71-77.

Purpose: Individuals with rheumatoid arthritis often experience a decline in physical function. This decline is often associated with inflammation, pain, fatigue, muscle weakness, atrophy, and limited range of motion, and can affect a person's ability to work and remain independent. The purpose of this study was to examine a 24-month strength-training program on functional ability and pain level.

Results: Both functional ability and pain tolerance improved.

Read the entire abstract at http://www.ncpad.org/research/fact_sheet.php?sheet=254.

Rec Tech-Nudge Corner: Swimming for People with Disabilities

RecTech is a rehabilitation engineering research center intended to identify strategies and solutions for improving the accessibility of parks, trails, fitness centers, and swimming pools for persons with disabilities. The **National Users with Disabilities Group on Exercise (NUDGE)** is a research project assessing the extent to which current knowledge concerning recreation technology is transferred into practical application, assisting people with disabilities to engage in recreational activities. To participate in the NUDGE survey, click on <http://www.rercrectech.org/surveys/default.htm>. For general information on NUDGE, click on <http://www.rercrectech.org/r2.htm>, and to join, contact Dr. Barth Riley at nudge@uic.edu or call 800-900-8086.

This month's RecTech-NUDGE feature is swimming, which can offer physical, mental, and social benefits to people of all ages and abilities. Go to the video-enabled monograph at http://www.ncpad.org/videos/fact_sheet.php?sheet=249, which includes some of the major considerations for the successful inclusion of people with disabilities at aquatic facilities, including visitor expectations, accessibility guidelines for swimming pools, considerations for aquatic staff, policies and procedures, family restrooms, pool lifts, aquatic chairs, and water slides.

Staff Attended RESNA Conference

Staff participated in RESNA's (Rehabilitation Engineering and Assistive Technology Society of North America's) 27th International Conference on Technology and Disability in Orlando, FL, June 18-22. RESNA (<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#6>) is an interdisciplinary association whose membership includes researchers, rehabilitation professionals, and consumers united by a common interest in using technology to improve the potential for people with disabilities to achieve their goals. The conference is a showcase for work being done by the 21 Rehabilitation Engineering Research Centers (RERCs) funded by the National Institute on Disability and Rehabilitation Research (NIDRR), with a section of the conference exhibit hall set aside as "RERC Row." This year, in addition to posters and handouts about our projects, visitors to the RecTech exhibit were able to watch videos and animations of developmental products. Eight members of the RecTech team attended the conference and shared time talking with conference attendees and answering questions in the exhibit booth.

NCPAD Nutrition Corner: Pregnancy and Nutrition

Prior to conception and during pregnancy, a woman, and particularly one with a disability, is recommended to supply her body with good nutrition for many reasons, including to allow the development of a healthy

baby, to carry to full term, and to prevent birth defects. While pregnant, she should generally increase her daily caloric intake by about 300 calories. Her diet should contain nutrient-dense foods, such as skim milk, low-fat cottage cheese, lean meats, cheese, eggs, and dark green vegetables, as well as a diet high in whole grains, cereals, fruits, and vegetables to help obtain the necessary vitamins, minerals, and nutrients the woman and fetus require.

Note that mega-doses of certain vitamins are not recommended during conception and pregnancy. Discuss the need for multi-vitamins and folic acid with your physician. Also, use of Vitamin A supplements should be avoided during pregnancy to prevent birth defects.

Other helpful Web sites on pregnancy and nutrition include: 4Women.gov, the National Women's Health Information Center (<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#7>), the Food and Nutrition Information Center (<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#8>), with information on diet, folic acid and vitamin supplements, diabetes, weight gain, and more. Test your knowledge on needs for folic acid during pregnancy (<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#9>) and calculate a good weight for your pregnancy at <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#10>.

Consult NCPAD's fact sheet on pregnancy and exercise at http://www.ncpad.org/exercise/fact_sheet.php?sheet=18 and view other resources at NCPAD's Illinois Center on Health Promotion, Nutrition, Physical Activity and Disability Web site at <http://www.ncpad.org/nutrition/>.

Book Review: Inclusion Through Sports: A Guide to Enhancing Sport Experiences

Inclusion Through Sports provides teachers and instructors with an in-depth guide to building an effective physical education program for students with and without disabilities. It features six disability sports and demonstrates the numerous games and activities that can be created from these sports so that all students can participate equally.

The book offers an introductory section followed by three categories: (1) invasion games, (2) net games, and (3) court games and track events. Each category features two disability sports. For each sport examined in this book, a guide will offer numerous individual, small group, and teamwork games, as well as easy-to-follow adaptation guidelines. Every game follows a similar format that includes game level, formation, equipment, description, and extension.

Inclusion Through Sports also provides these helpful features: (1) a handy inclusion index that enables one to quickly find a sport and identify which disability sports use the same skills as your general physical education curriculum; (2) 228 illustrations that clearly depict the games and techniques used, including wheelchair positioning, purchasing, and maintenance; (3) 36 student functional profiles to help you modify activities for students with low, moderate, and high ability; and (4) several examples of how to apply the games to that assessment and IEP (individualized education plan) process.

Davis, R. W. *Inclusion through sports: A guide to enhancing sport experiences*. Human Kinetics, P.O. Box 5076, Champaign, IL, 61825; 800-747-4457; <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#11>.

Unique Programming: Hearts N' Parks Program

Hearts N' Parks is a national, community-based program supported by the National Heart, Lung, and Blood Institute (NHLBI) of the National Institutes of Health and the National Recreation and Park Association

(NRPA). This innovative program aims to reduce the growing trend of obesity and the risk of coronary heart disease in the U.S. by encouraging Americans of all ages to aim for a healthy weight, follow a heart-healthy eating plan, and engage in regular physical activity. The American Dietetic Association is also working with Hearts N' Parks communities to provide expertise on heart-healthy nutrition.

For more information, go to <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#12> or the National Heart, Lung, and Blood Institute at <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#13>.

Need Research Study Participants:

1. People with Physical Disabilities and Preventive Health Care Services

People with physical disabilities may not receive the same preventive health care services that are recommended for the general population. This issue is addressed by Project SHIELD (Strategies and Health Interventions to Enhance Life with Disability), a joint project of the National Rehabilitation Hospital Center for Health and Disability Research in Washington, DC, the ENDependence Center in northern Virginia, DisabilityGuide.org, and Western University of the Health Sciences, Center for Disability Issues and the Health Professions in Pomona, CA.

The project team would like to learn if you have received services such as "routine physical exams," "cholesterol checks," "blood pressure checks," "pneumonia shots," "breast exams," "mammograms," etc. Please complete this very short (under 5 minutes) poll at <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#14>.

2. Study Participants Needed in Chicago: Arthritis and Exercise Research Study

Are you an older adult with arthritis? If so, you may have the opportunity to join a University of Illinois at Chicago exercise research study. The free exercise program fosters independent living through strength training, walking, and education. Physical therapists lead the program. You will also be interviewed at regular intervals for a period of two years. Call 312-413-9810 to find out if you are eligible and for additional information.

Events:

- BlazeSports Summer Schedule
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#15>
- Abilities Expo
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#16>

Conferences:

- Research to Action for an Aging Society

- <http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#17>
- Amputee Coalition of America Annual Conference and Exposition
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#18>
- Brain Injury Association of Texas 22nd Annual State Conference
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#19>
- Annual Southwest Conference on Disability and Health
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#20>
- Active Aging 2004: Catching the Wave
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#21>

Jobs:

- NuStep Inc. Research Coordinator Job Position Announcement
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#22>

Fellowships:

- Postdoctoral Fellowships in Gerontological Public Health
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#23>
- The Joseph P. Kennedy, Jr. Foundation Parent and Professional Public Policy Fellowship Programs 2005
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#24>

Grants:

- Nickelodeon Pro-Social "Let's Just Play" Campaign Grant Awards
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#25>

Awards:

- Paul G. Heame-AAPD Leadership Awards Program
<http://www.ncpad.org/newsletter/newsletter.php?letter=27&ion=354#26>

July 2004 Links Page

1. **NCBDDD Conference: Navigating Our Future: Aligning Strategies and Science:**
<http://www.cdc.gov/ncbddd/conference.htm>
2. **The Christopher and Dana Reeve Resource Center:** <http://www.paralysis.org/>
3. **The National Limb Loss Information Center (NLLIC):** http://www.amputee-coalition.org/nllic_about.html
4. **Special Olympics International:**<http://www.specialolympics.org>
5. **NCBDDD-sponsored Disability and Health Team Ongoing Activities:**
<http://www.cdc.gov/ncbddd/dh/DHactivities.htm>
6. **RESNA (Rehabilitation Engineering and Assistive Technology Society of North America):**
<http://www.resna.org>
7. **4Women.gov, the National Women's Health Information Center:**
<http://www.4woman.gov/faq/preg-nutr.htm>
8. **Food and Nutrition Information Center:** <http://www.nal.usda.gov/fnic/etext/000083.html>
9. **Pregnancy Folic Acid Quiz:**
<http://www.babycenter.com/quiz/preconception/preconnutrition/1323926.html>
10. **Pregnancy Weight Gain Estimator:** <http://www.babycenter.com/calculators/weightgain/?requestid=401875>
11. **Book Review: Inclusion Through Sports: A Guide to Enhancing Sport Experiences:**
<http://www.humankinetics.com/products/showproduct.cfm?isbn=0736034390>
12. **Hearts N' Parks:** <http://www.nrpa.org/content/default.aspx?documentId=602>
13. **National Heart, Lung, and Blood Institute:**
http://www.nhlbi.nih.gov/health/prof/heart/obesity/hrt_n_pk/index.htm
14. **People with Physical Disabilities and Preventive Health Care Services online questionnaire:**
http://www.disabilityguide.org/cdc_onlinepoll.html
15. **BlazeSports Summer Schedule:**

BlazeSports is a comprehensive program consisting of year-round local programs delivered by the community recreation provider, including state-level sport camps, clinics, junior teams, and regional competitions sponsored by USDAF.

BlazeSports has a variety of sports camps in July and August. For more information about any of these activities, visit BlazeSports' Web site at <http://www.blazesports.com>.

16. **Abilities Expo**

Abilities Expo, the leading show dedicated to educating and improving the lives of people with disabilities, senior citizens, and caregivers, is a great place for people with disabilities to discover new products and services. Products are conveniently displayed for you to see, test, and compare. The expo also hosts a series of free workshops and seminars.

Shows are held at several locations nationally: Chicago Metro, August 13-15; Metro Detroit, September 17-19; Northern California, November 12-14.

View additional information at <http://www.abilitiesexpo.com/>.

17. Research to Action for an Aging Society

The Canadian Centre for Activity and Aging (CCAA) is pleased to have been chosen by the International Society for Aging and Physical Activity (ISAPA <http://www.isapa.org>) to host the 6th World Congress on Aging and Physical Activity, "Research to Action for an Aging Society," from Aug. 3-7 in London, Ontario.

The World Congress is an opportunity for the world community to share the latest research findings in the area of aging and physical activity. This will include leading-edge methods on developing, implementing, and evaluating physical activity programs for older adults. Researchers, practitioners, organizations, older adults, and the general public who are interested in promoting active and healthy lifestyles for adults should attend.

For more information, go to <http://www.uwo.ca/actage/wcapa/en/program.htm>, call 519-661-1603, or e-mail wcapa@uwo.ca.

18. Amputee Coalition of America Annual Conference and Exposition:

The Amputee Coalition of America will hold its 2004 Annual Conference and Exposition in Nashville, Tennessee, August 5-7.

The conference will include educational sessions, technology information, and peer-support sessions; fitness and gait labs to improve mobility; advocacy information on access to care; and exhibits displaying the latest technology.

For more information and to register, go to http://www.amputee-coalition.org/annual_meeting_about.html or call 888-267-5669.

19. Brain Injury Association of Texas 22nd Annual State Conference:

The 2004 Brain Injury State Conference, "It takes a Village: Building a Strong Texas Brain Injury Community," will be held by the Brain Injury Association of Texas Aug. 14-15 in Houston, TX.

For more information, see the Web site at <http://www.biatx.org>, or contact the association at info@biatx.org or 800-392-0040.

20. Annual Southwest Conference on Disability and Health:

From Sept. 29 - Oct. 1, people with disabilities, researchers, family members, service providers, disability advocates, staff of federal, state, and local government agencies and students from New Mexico, the Southwest, and the nation will come together to learn from each other, share ideas and the latest research findings, and discuss and debate current policies and issues concerning disability and health.

A special mini-theme will explore health-related aspects of disability, including promoting the health of people with disabilities, assessing the impact of disability on health, and evaluating health and disability.

Dr. James Rimmer, director of NCPAD, will be one of the keynote speakers.

For more information, see the conference Web site at <http://cdd.unm.edu/swconf2004/>.

21. Active Aging 2004:

To be held Nov. 11-13 in Orlando, FL, this conference will feature the latest market research on the mature population, world-class speakers, and more than 100 educational workshops, new activity sessions, and special events. The conference will also offer an unique opportunity to learn from and network with other professionals from such diverse fields as fitness, recreation, retirement, assisted living, rehabilitation, medicine, and wellness - all under one roof.

To view a conference schedule, learn about speakers, and find information about hotels and conference fees, go to <http://www.icaa.cc/convention/conventionmain.htm> or call the ICAA toll-free at 866-335-9777. To obtain a downloadable application form, go to <http://www.icaa.cc/convention/seminars.htm>.

22. NuStep Inc. Research Coordinator Job Position Announcement

NuStep Inc., a growing Ann Arbor company that designs, manufactures, and sells wellness and fitness products, plans to hire a Research Coordinator to conduct original scientific research as well as coordinate external research projects by leading researchers. The chosen candidate will conduct research in the areas of stroke, cardiac, obesity, and aging, and write grants for funding, publish and present data, stay connected with the scientific community, and run an exercise lab. Qualifications must include a Master's degree in exercise physiology, exercise science, or a related field, and preferably a Doctorate degree; three years' practical experience in scientific research and current or future certification from the ACSM; and excellent communication and presentation skills. If you want to join other friendly, fitness-minded people in a smoke-free, picturesque environment, e-mail your resume, a cover letter, and salary history to jbrant@nustep.com.

23. Postdoctoral Fellowships in Gerontological Public Health

The School of Public Health at the University of Illinois at Chicago, through the Health Research and Policy Centers, is currently accepting applications for postdoctoral fellowships in Gerontological Public Health. This training program is sponsored by the National Institute on Aging and provides funding support for 2-3 years for postdoctoral trainees.

This is an integrated multidisciplinary program with academic faculty and researchers in public health, gerontology, geriatrics, epidemiology, biostatistics, psychology, sociology, disability and

human development, medicine, and occupational therapy. The goal of the program is to develop highly trained future faculty and researchers in health and aging. This program focuses on developing research skills through mentoring, a comprehensive curriculum, presentations and publications, and internal workshops and seminars. Fellows will be matched with a faculty mentor working in their area of interest for intensive training, collaboration, and scholarship.

Women and minority candidates are encouraged to apply. Candidates must be U.S. citizens or permanent legal residents. For more information, go to <http://www.uic.edu/depts/over/hrpc/centers/rha.html> or contact Thomas R. Prohaska, Ph.D., Gerontological Public Health Training Program Director, Center for Research on Health and Aging (MC 275), 1747 W. Roosevelt Rd., Room 558, Chicago, IL 60608, e-mail: prohaska@uic.edu, T: 312-413-9830, F: 312-413-9835.

24. The Joseph P. Kennedy, Jr. Foundation Parent and Professional Public Policy Fellowship Programs 2005:

Parent Public Policy Fellowship Program:

Parents or close family members of a child with intellectual and developmental disabilities (intellectual disabilities) are invited to submit applications for a one-year fellowship in Washington, DC, to learn how legislation is initiated, developed, and passed by Congress or how programs are administered and regulations promulgated by federal agencies. Candidates should have solid policy experience in state level advocacy, education, development of community supports and services, or similar areas, beyond the level to benefit solely the candidate's own child. Salaried experience in the field is NOT a requirement.

Professional Public Policy Fellowship Program:

Mid-career professionals in the field of intellectual and developmental disabilities are invited to submit applications for a one-year fellowship in Washington, DC, to observe and participate in federal public policy development through work as staff of a congressional committee or federal agency. Outstanding policy experience is sought in: 1) state-level advocacy; 2) education, law, economics, criminal justice, international issues, child welfare or other social services, housing, community organizing, etc.; 3) health or mental health care policy affecting persons with intellectual disabilities; or 4) development of family support services.

The deadline for both programs is September 1. Address questions about either program to Jill Fosse at 301-565-5476 and for application details, see the announcement at <http://www.jpkf.org>.

25. Nickelodeon Pro-Social "Let's Just Play" Campaign Grant Awards:

Nickelodeon Pro-Social "Let's Just Play" Campaign Grant Awards: Nickelodeon, which is celebrating its landmark 25th anniversary this year, supports television programming and production in the United States and around the world, plus consumer products, online, recreation, books, magazines, and feature films. Launched in June 2003, the multi-platform "Let's Just Play" campaign is Nickelodeon's national, grassroots effort to get kids more physically active and to encourage more positive, healthy, and playful lifestyles for kids across America.

Nickelodeon's pro-social "Let's Just Play" campaign, which celebrates active, healthy lifestyles for kids is announcing its first call for entries for a newly established "Let's Just Play" grants program

Nick, is announcing its first call for entries for a newly established Let's Just Play grants program, offering a half-million dollars in awards to schools and after-school programs to provide resources to create and expand opportunities for physical play. Elementary schools, middle schools and after-school programs across the country are eligible to enter the grants program by participating in "Let's Just Play" events within their own local communities. Criteria for entries, step-by-step details about how to apply, and other information are now available at <http://www.everythingnick.com>. An interesting grant application would be to target children with disabilities, who usually have a much higher level of physical inactivity and social isolation.

For more information, contact Lauren Sklar, T: 212-846-7653, e-mail: Lauren.sklar@nick.com, and Nancy Muldoon, T: 212-846-7491, e-mail: nancy.muldoon@nick.com.

26. Paul G. Hearne-AAPD Leadership Awards Program:

The American Association of People with Disabilities (AAPD), a national non-profit cross-disability member organization, invites applications for the 2004 Paul G. Hearne-AAPD Leadership Awards program. The deadline is September 10.

Up to three people with disabilities who are emerging as leaders in their respective fields will be awarded \$10,000 each through the program to help them continue their progress and development as leaders. They also will have an opportunity to meet and network with national disability leaders at the AAPD Leadership Gala in Washington, DC, in early 2005.

For complete application instructions and information on past awardees go to http://www.aapd-dc.org/awards/awards04/hearne_app04.html, or for additional requests for proposals in Disability, click on http://fdncenter.org/pnd/rfp/cat_disabled.jhtml.

About NCPAD

NCPAD is funded by the National Center on Birth Defects and Developmental Disabilities at the Centers for Disease Control and Prevention (CDC) and is located at the University of Illinois at Chicago in the Department of Disability and Human Development. All materials listed below - and more - are available on the NCPAD Web site at <http://www.ncpad.org> or by calling our toll-free number: 1-800-900-8086. Alternative formats are available.

NCPAD's Partner Affiliates

NCPAD's partner affiliates include the Rehabilitation Institute of Chicago (RIC), the National Center on Accessibility (NCA), The Arc of the U.S, the National Council on Independent Living (NCIL), and UCP National. Friendly, highly trained Information Specialists are available through a toll-free hotline and TTY at 1-800-900-8086, e-mail ncpad@uic.edu, or fax 1-312-355-4058 to provide personalized responses to your questions.

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