



Table of Contents

NCPAD NEWS: September 2007

Volume 6, Issue 9

A monthly publication of NCPAD - the NATIONAL CENTER on PHYSICAL ACTIVITY and DISABILITY www.ncpad.org.

Not a subscriber? Sign Up

To sign up for this free monthly electronic newsletter, send an e-mail to listserv@listserv.uic.edu with this message in the body of the e-mail:

SUBSCRIBE NCPAD-NEWS yourfirstname yourlastname

THIS MONTH'S TOPICS

- [From the Editor's Desk: Outdoors and in School - Continuing and Recharging Active Lifestyles for All Ages](#)
- [Director's Column: Reporters Often Miss the Bigger Picture](#)
- [From the Information Specialist's Desk: Resources for Last-Minute Outdoor Adventures, Adapted PE and Leisure Education, and Active Aging](#)
- [Secondary Conditions: Inadequate Cardiovascular Disease Prevention in Women with Physical Disabilities](#)
- [F.I.T.T.: Fitness Professionals Hold the Key](#)
- [Nutrition Spotlight: Folate for Everybody](#)
- [Community Voice: Kerry Wiley - Relationship Lays Foundation for Meeting New Challenges](#)
- [NCPAD Video Corner: Physical Activity, Leisure and Recreation for Youth with Disabilities: A Primer for Parents](#)
- [NCPAD Book Corner: Jean Driscoll: Dream Big, Work Hard!](#)
- [NUDGE: G-Trainer Anti-Gravity Treadmill by Alter-G](#)
- [Emerging Evidence in Health and Disability: Exercise Program for Nursing Home Residents with Alzheimer's Disease: A 1-Year Randomized, Controlled Trial](#)
- [Physical Activity & Disability in the News](#)
- [Events](#)
- [Conferences](#)
- [Employment](#)
- [Opportunities for Participation in Research](#)
- [Grants and Funding Opportunities](#)

From the Editor's Desk: Outdoors and in School - Continuing and Recharging Active Lifestyles for All Ages

As the air begins to cool and the school bells ring, NCPAD would like to remind everyone to continue to

engage in fun and healthy activities. This month our Information Specialists Desk provides great ideas for getting in those last minute outdoor adventures. In addition, since children and youth have just started the first few weeks of school, this issue features information on adapted PE, leisure education, and inclusive programming. Our Video Corner features a primer for parents seeking accessible recreational opportunities for their children in the community, or including leisure education within their child's Individualized Education Plan (IEP) in school.

The Director's Column also highlights the importance of not only creating programs for children with disabilities, but incorporating inclusiveness in *all* activities. Individuals of all abilities and ages should be able to be as active as they desire. September is Healthy Aging month, and this month's F.I.T.T. column discusses the importance of a tailored approach to exercise for older adults, an ever growing population who, like everyone, can greatly benefit from a physically active lifestyle. Even if you aren't among those going "back to school" this September, it is never too late to get back to a healthy lifestyle, or to begin one. NCPAD resources are always here to help!

Send your questions and comments to Cheeri Ong, Interim NCPAD News Editor, at cheeri@uic.edu.

***Call for Video Participants!**

US Veterans Needed for New NCPAD Exercise Video: The National Center for Physical Activity and Disability (NCPAD) and the Rehabilitation Institute of Chicago (RIC) are seeking Veterans of the War in Iraq and Afghanistan to participate in the filming of an exercise video for persons with Limb Loss. Filming is scheduled to take place the second week of October 2007; all participants will be compensated for their time. The ideal candidate is an athletic person with amputation between the ages 18-35.

All interested persons can contact NCPAD at 800-900-8086 or Evan McDowell at RIC at 312-238-5003 or emcdowell@ric.org

Call for Applications

Support to Local Health Departments to Improve Health Promotion Programs for People Living with Disabilities-NACCHO must receive completed applications by Friday, September 28, 2007!

National Association of County and City Health Officials (NACCHO) is currently offering technical assistance support to local health departments to improve their capacity to develop or enhance health promotion programs for people living with disabilities through coordination of existing health department and community services. NACCHO, in consultation with a peer review panel, will select up to five (5) local health departments from the pool of applications submitted to receive peer assistance. The purpose of this opportunity is to establish a peer assistance network for the demonstration sites to share their expertise, experience, and knowledge with other local jurisdictions interested in establishing or improving similar programs. Selected local health departments will receive: Travel stipend (up to \$1,400) for each recipient LHD to visit one of the current disabilities and health demonstration sites (or for one of the demonstration sites to visit the recipient local health department to provide on-site technical assistance); access to peer advisors (e.g. current demonstration sites, subject matter experts); and access to existing tools and materials designed to enhance health.

For more information about the current demonstration sites, visit http://www.naccho.org/topics/demonstration/disability/Disability_Map.cfm. If you have any questions about the call for application, please contact Jennifer Li at (202) 783-5550, Ext. 234 or jli@naccho.org.

Director's Column: Reporters Often Miss the Bigger Picture

Recently, I was contacted by a reporter from one of the top newspapers in the nation, who was writing a story about a sports program that she had heard about for youth with disabilities. She was looking for a quote from someone with expertise in physical activity and disability, and came across my name on the Internet. Although her opening sentence did not get the interview off to a good start -- "I'm writing a story about a...program for *special needs kids*" -- I felt obligated to continue the interview but only after requesting that she use person-first language.

After she described the program, I informed her that I had not heard of it but that its existence didn't surprise me, because many parents who have a child with a disability often have to develop their own programs to allow them to remain socially engaged with other children in the community. Many of these parents spend their own time and money helping to create hybrid sports and recreation programs for their children in areas where there are none. It's an amazing level of dedication.

Read the entire column at: http://www.ncpad.org/director/fact_sheet.php?sheet=555.

From the Information Specialist's Desk: Resources for Last-Minute Outdoor Adventures, Adapted PE and Leisure Education, and Active Aging

Outdoor Recreation Resources:

- Discover Leisure Education: <http://www.ncpad.org/get/discoverleisure/>.
- What to Know Before You Go: The Big Questions to Ask Before Arriving at Your "Accessible" Recreation Destination: http://www.ncpad.org/fun/fact_sheet.php?sheet=319.
- Exploring Family Adventure in the Outdoors: http://www.ncpad.org/fun/fact_sheet.php?sheet=65.
- Outdoor Trips: http://www.ncpad.org/fun/fact_sheet.php?sheet=6.
- Camping, Backpacking, and Hiking: http://www.ncpad.org/fun/fact_sheet.php?sheet=75.
- Canoeing: http://www.ncpad.org/fun/fact_sheet.php?sheet=34.
- Climbing: http://www.ncpad.org/fun/fact_sheet.php?sheet=13.
- Fishing: http://www.ncpad.org/fun/fact_sheet.php?sheet=41.
- Kayaking: http://www.ncpad.org/fun/fact_sheet.php?sheet=19.
- Trails Designed for Access: http://www.ncpad.org/fun/fact_sheet.php?sheet=85.
- Water Skiing: http://www.ncpad.org/fun/fact_sheet.php?sheet=248.

Adapted PE and Inclusive Programming Resources:

- Inclusive Physical Education: http://www.ncpad.org/fun/fact_sheet.php?sheet=285&view=all.
- Principles for Adapting Activities in Recreation Programs and Settings: http://www.ncpad.org/fun/fact_sheet.php?sheet=121.
- Program Considerations for Integrating Children with Disabilities into Community Sports and

Recreation Programs:

http://www.ncpad.org/fun/fact_sheet.php?sheet=96.

- Working with Special Needs Students in Physical Education:

http://www.ncpe4me.com/inclusive_pe.html.

Teaching, Responding, & Communicating Inclusive Physical Education is a 4 page brochure/document that reviews state and federal laws as well as provides appropriate adaptations for inclusion of all children in quality physical education. This document offers some basic information on how the physical education teacher can ensure that services are available to everyone they teach.

- Adapted PE and Assistive Technology: Adapted Physical Education & AT: To Play or Not to Play from The Family Center on Technology and Disability Newsletter

<http://www.fctd.info/resources/newsletters/displayNewsletter.php?newsletterID=10049>.

- Adapted PE websites:

- PE Central - Adapted PE Section: <http://pecentral.com/adapted/adaptedmenu.html>.

- PE Links 4 You - Adapted PE Section:

<http://www.pelinks4u.org/sections/adapted/adapted.htm>.

New Educational Resource on Aging:

Positive Images of Aging DVD - The Association for Gerontology and Terra Nova Films have recently released a DVD entitled "Positive Images of Aging". Consisting of 14 chaptered 3-5 minute clips, this DVD can be used in a classroom or inserted into PowerPoint presentations as an educational tool for understanding and depicting age related issues in a positive light. Examples of chapters include "Changing Perceptions of Aging", "Diet and Exercise" and "A Visit with Centenarians".

To order the 56 minute DVD at an introductory price, contact Terra Nova Films at (800) 779-8491 or e-mail: tnf@terranova.org by August 31st, after which DVD's will be available at regular pricing.

September National Health Observances:

- America On the Move's September Campaign
- Childhood Cancer Month
- Fruit and Vegetable Month
- Healthy Aging® Month
- Leukemia & Lymphoma Awareness Month
- National Cholesterol Education Month
- National Sickle Cell Month
- Ovarian Cancer Awareness Month
- Prostate Cancer Awareness Month
- Reye's Syndrome Awareness Month
- National Rehabilitation Awareness Celebration
- World Alzheimer's Day
- World Heart Day

Contact an Information Specialist:

Do you have questions regarding physical activity and disability? We offer a free information service on a wide area of topics related to physical activity, fitness, recreation, sports, and disability and chronic conditions. Our Information Specialists can help you locate information regarding your requests. Complete an online request form at: <http://www.ncpad.org/contact/> or call us toll-free at 800-900-8086.

Secondary Conditions: Inadequate Cardiovascular Disease Prevention in Women with Physical Disabilities

Cardiovascular disease (CVD) is one of the leading causes of death in the United States; however, women with physical disabilities are less likely to receive preventive screening and are less knowledgeable about CVD risk factors than women without disabilities, according to a recent study by Capriotti (2006). Surveys were conducted with 100 women with physical disabilities and 50 women without disabilities to determine the risk of CVD based on their knowledge of CVD risk factors, possession of specific CVD risk factors, and experience with CVD preventive screening procedures. Compared to women without disabilities, women with physical disabilities were less knowledgeable about CVD risk factors and received far less preventive screening for CVD. Specifically, body weight measurement, baseline electrocardiograms, and screening questions involving family history and behavioral history of smoking were performed less often as part of routine health screenings than women without disabilities who were of similar age. Within the sample of women with disabilities, there were higher reports of physical inactivity and a greater incidence of postmenopausal status, both of which are CVD risk factors. Overall, the study reported CVD risk is underrecognized and underassessed in women with physical disabilities in this sample. For more information about CVD risk factors, refer to the NCPAD fact sheets on **hypertension** (http://ncpad.org/disability/fact_sheet.php?sheet=87&view=all) and **congestive heart failure** (http://ncpad.org/disability/fact_sheet.php?sheet=401&view=all).

To read the full article, go to: http://www.ncpad.org/yourwrites/fact_sheet.php?sheet=556.

F.I.T.T.: Fitness Professionals Hold the Key

The International Coalition on Active Aging kicks off Active Aging Week on September 24, 2007 (<http://www.icaa.cc/aaw.htm>). If you are a fitness professional, you could unlock the door to youth and vitality for the fastest-growing segment of our population — adults over the age of 65. As these individuals age, the incidence of chronic disease and disability increases, creating an emerging priority that must be addressed by fitness and health care professionals. Read this month's FITT column to find why you should provide services that will assist in successful aging.

Read the entire column at: http://www.ncpad.org/fitt/fact_sheet.php?sheet=557.

Nutrition Spotlight: Folate for Everybody

People of all ages can benefit from adequate intake of folate, or vitamin B. The main role of folate in the body is to help form DNA and metabolize various amino acids. The supplemental form that most readers are familiar with is folic acid. Adequate intake of folate may prevent some cancers and disabilities, such as spina bifida and anencephaly. Inadequate intake of folate causes deficiencies such as blood anemia, while some people, such as women of child-bearing age, may have a maternal deficiency that results in neural tube defects. Pregnant women need extra folate to accommodate the constant increased rate of cell division and DNA synthesis in the developing fetus. This additional amount usually requires the women to take prenatal vitamins. Anyone planning to become pregnant may want to consider taking a prenatal vitamin prior to conception. Speak with your physician or a registered dietitian for supplement suggestions. Aging adults are also at risk for folate deficiency.

Read the entire column and recipes at: http://www.ncpad.org/nutrition/fact_sheet.php?sheet=553.

Community Voice: Kerry Wiley - Relationship Lays Foundation for Meeting New Challenges

Kerry Wiley was born with spastic diplegia, a form of cerebral palsy that makes her muscles very stiff. Kerry first walked at the age of 4 years and has had three corrective surgeries (in the adductors, heel cords, and hamstrings) to reduce spasticity. Despite this, Kerry has never been excluded from participation in academic- or employment-related activities, physical activity, leisure activity, etc., though this has not been without fighting or adversity. Disability covers every sphere of existence – social, economic, physical, spiritual, etc. Her participation has required a great deal of advocacy, both on her part and her family's, in order to educate herself and others on what she COULD do.

To read more, go to: http://www.ncpad.org/yourwrites/fact_sheet.php?sheet=554.

NCPAD Video Corner: Physical Activity, Leisure and Recreation for Youth with Disabilities: A Primer for Parents

Having opportunities to pursue physically active lifestyle is an important part of a young person's day-to-day life. Youth with disabilities and their parents should be encouraged, and empowered to actively participate in accessible - and **inclusive** - physical activity and recreation programs in their communities. Thus, resources should be made available to parents to assist them in identifying and locating accessible programs for their child.

This video-enabled factsheet stresses the importance and value of physical activity for young people with disabilities. Additionally, this guide will provide strategies for parents to identify physical activity, recreation, and leisure opportunities for their children. Furthermore, this guide will encourage parents to take on an active role in the lives of their children and encourage and support their involvement in physical activity and recreation.

To preview this video, please go to: http://www.ncpad.org/fun/fact_sheet.php?sheet=103&view=all.

NCPAD Book Corner: Jean Driscoll: Dream Big, Work Hard!

Dream Big, Work Hard!

**Micheal Sandler, Jean Driscoll (2006)
Bearport Publishing, New York, NY**

In *Jean Driscoll: Dream Big, Work Hard!*, readers will meet an amazing athlete who overcame spina bifida and a shattering hip injury to compete eight times in the Boston Marathon. Refusing to give up after a bicycle accident left her in a wheelchair; Driscoll plunged into competitive wheelchair sports, proving that physical challenges are meant to be conquered. This 32-page book highlighting the triumphs and tribulations of Jean Driscoll features numerous photographs and is recommended for children ages 9-12. Older readers may also be interested in Jean's 2001 story, *Determined to Win: The Overcoming Spirit of Jean Driscoll*.

To order, visit: <http://www.bearportpublishing.com>, or contact Bearport Publishing Company, Inc. at: (877) 337-8577 (Toll Free).

NUDGE: G-Trainer Anti-Gravity Treadmill by Alter-G

The G-Trainer anti-gravity treadmill enables users to reduce their effective body weight during exercise to continue training during injury recovery, outdistance conditioning limitations, and build endurance. Variables can be adjusted and programmed to meet any training, conditioning or therapeutic need. The G-Trainer allows the user unrestricted mobility, natural body movement, full range of motion, and in-use setting adjustments. The ability to reduce body weight in the completely balanced environment that the G-Trainer allows the user to access mobility beyond what they would normally be able to do, a major advantage for individuals of various abilities. The anti-gravity technology behind the G-Trainer was originally developed at NASA. Air pressure is used to give the user a feeling of unweighting, allowing them to safely set their effective body weight between 20 and 100% in 1% increments. The G-Trainer is a comfortable alternative to other systems that support the user's weight, which can be cumbersome and restrict movement, or involve complicated transfers such as in a pool.

For more information or to order, call: (650) 289-9444, visit: <http://www.Alter-G.com> or e-mail: info@alter-g.com.

Emerging Evidence in Health and Disability: Exercise Program for Nursing Home Residents with Alzheimer's Disease: A 1-Year Randomized, Controlled Trial

The purpose of this randomized control trial was to determine whether an exercise program would reduce decline in activities of daily living (ADL) in people with Alzheimer's disease living in nursing homes over a 12 month period. One hundred thirty four ambulatory patients with mild to severe Alzheimer's disease participated in the study, coming from 5 nursing homes. Subjects were randomly assigned to either exercise program or routine care conditions.

To read the entire abstract, please go to: http://www.ncpad.org/research/fact_sheet.php?sheet=558.

Physical Activity & Disability in the News

Physical Activity In The News

New Website: Physical Activity @ Work: Bringing Physical Activity into the Workday, The Alberta Centre for Active Living

This recently launched website (found at <http://www.centre4activeliving.ca/workplace/>) helps employers, employees, workplace wellness coordinators, and human resources advisors improve their workplace by encouraging physical activity before, during, and after work.

Features on the site include a step-by-step guide to planning workplace activity, a personal Activity Tracker, Yoga @ Your Desk videos with Stretching @ Your Desk videos coming soon, benefits of bringing physical activity into the workday, program ideas, success stories, and safety/risk management issues.

For additional information contact Kathy Garnsworthy at 780-415-6248 or visit <http://www.centre4activeliving.ca>.

Disability In The News

Justice Department Reaches Settlement with YMCA Child Care Centers over Policies Relating to Children With Autism, August 6, 2007, Washington, D.C.

The Justice Department today announced a settlement agreement with the West End YMCA of Ontario, Calif., that resolves an investigation into alleged discrimination under the Americans with Disabilities Act (ADA). The underlying complaint alleged that the West End YMCA terminated a child from its after-school child care program because the child has autism. Under the agreement, the West End YMCA will implement policies and procedures to ensure that children with disabilities are afforded a full and equal opportunity to participate in and benefit from YMCA child care programs. Procedures for requesting reasonable modifications to the child care program will be published in the organization's parent handbooks, and YMCA staff involved in child care decisions will be trained on ADA obligations in the child care setting. The West End YMCA also agreed to pay monetary damages to the complainant.

For more information, go to <http://www.usdoj.gov/crt/> or www.ada.gov or call the Justice Department's toll-free ADA Information Line at (800) 514-0301 or (800) 514-0383 (TDD).

Exercise Guidelines for Older Adults

The ACSM and the American Heart Association have recently updated physical activity guidelines for the first time since 1995. Among the updates to these recommendations is the inclusion of exercise guidelines for older adults. For people ages 65 and older, as well as those ages 50 to 64 who have chronic conditions or physical limitations, the new guidelines takes into account differing abilities, fitness levels and changes that occur with age.

For a summary of the updated recommendations, visit: http://www.acsm.org/AM/Template.cfm?CONTENTID=7764#Over_65_or_50_64.

Events

Call for Submissions on Disability & the Environment, Breath & Shadow, October 31, 2007

This online journal of literature and disability culture, seeks submissions specifically from writers with disabilities, of poetry, fiction, creative nonfiction, theater, reviews or interviews for its January 2008 issue on the theme of "Disability & the Environment."

Submission guidelines can be found at <http://www.abilitymaine.org/breath/write.html> while the current issue can be found at <http://www.abilitymaine.org/breath>. To send poetry, fiction, or theater, please submit to breathandshadow@aol.com but for interviews, book reviews, or nonfiction, please query first by October 7 to breathandshadow@aol.com, both with "ENVIRO" in the subject line, along with name, form of your submission or query, and number of poems or title of your piece.

Active Aging Week, Locations across the country, September 24-October 1

Active Aging Week is an annual event held the last week of September, culminating on October 1, International Day of Older Persons. During the week, host organizations provide a variety of free activities, such as classes, educational seminars, and access to fitness facilities, health fairs, community walks or tennis matches. Active Aging Week presentations are a great way to learn something new, meet people, spend time with friends and find out what's available in your community.

Find a list of locations where Active Aging Week events are taking place by visiting the Consumer section of the International Council on Active Aging web site at www.icaa.cc/aaw.htm. This year's theme is 'Choose an active life'. For interviews or more information about the ICAA and aging-related issues, contact: Colin Milner, CEO, International Council on Active Aging at Toll-free: 1-866-335-9777 (North America only); Telephone: 604-734-4466, or Email: colinmilner@icaa.cc.

Paralympic Military Camp, Rehabilitation Institute of Chicago (RIC), October 6-7, 2007, Chicago, Illinois)

RIC's Virginia Wadsworth Wirtz Sports Program is announcing plans for its first Paralympic Military Camp. This 2-day event is designed to introduce Paralympic sports and fitness opportunities to veterans who have acquired a physical disability. This camp is open to all veterans with a physical disability.

More information will be available in late July at <http://www.richealthfit.org/>, or contact Kaiti Stapleton at kstapleton@ric.org.

Accessible Integral Yoga Teacher Training, San Francisco, CA, Oct. 15-June 9, 2008

Accessible Teacher Training is a 200-hour Integral Yoga Teacher Training Certification Program designed for people with disabilities. This is a pilot program of a new kind of Yoga teacher training. The course will include individualized accommodations to help people with disabilities become Integral Yoga teachers. This program will meet national standards for Yoga teachers and will be registered with the Yoga Alliance (the national Yoga organization). The content will be similar to a traditional beginners' level teacher training program, but will have an emphasis on modifications to the basic poses. Most importantly, the structure and style of the course will be designed to focus on the abilities of each individual.

Location: Piedmont Yoga Studio in Oakland, an accessible space, October 15, 2007 to June 9, 2008; Mondays and Fridays from 11:30am – 2:30pm. Tuition is \$2000; scholarships may be available. Space is limited. For an application please contact: Rev. Jivana Heyman, Director of Teacher Training at (415) 821-1117 ext. 375, or email: training@IntegralYogaSF.org, www.IntegralYogaSF.org.

AUCD Annual Meeting, November 10-14, 2007, Washington, D.C.

The meeting theme is "Tomorrow is Here Today: The Interrelationship of Research, Education, Service, and Policy". Visit <http://www.aucd.org/template/page.cfm?id=526> for a tentative agenda as well as information about registration, hotel, and other details.

Conferences

2008 Active Living Annual Conference, Call for Abstracts Deadline September 17, 2007

Active Living Research (ALR) invites abstracts to be considered for both poster and oral presentation at the 2008 Annual Conference on April 9-12, 2008 in Washington, D.C. The theme of the 2008 conference is Connecting Active Living Research to Policy Solutions.

For more information, go to <http://www.activelivingresearch.org/conference/2008/cfa2008>.

National Recreation and Park Association (NRPA) Congress and Exposition, September 25-29, 2007, Indianapolis, Indiana

Join thousands of professionals, citizen advocates, educators and students who are passionate about parks and recreation for NRPA's Annual Congress & Exposition featuring an Opening General Session, hundreds of education sessions, networking opportunities, and the latest products and services from nearly 500 exhibitors.

For more information, go to <http://nrpablog.typepad.com/congressexpo07/>.

Walk21 Toronto 2007 Conference, October 1-4, 2007

The City of Toronto and Green Communities Canada are co hosting this 8th annual conference to promote walkable and liveable communities. For more information, visit the conference website at <http://www.toronto.ca/walk21/index.htm>.

American Academy for Cerebral Palsy and Developmental Medicine (AACPDM) 61st Annual Meeting, October 10-13, 2007, Vancouver, B.C., Canada

The American Academy for Cerebral Palsy and Developmental Medicine (AACPDM) is a multidisciplinary scientific society devoted to the study of cerebral palsy and other childhood onset disabilities, the promotion of professional education, and the improvements of quality of life for people with these disabilities.

For more information about the annual meeting, go to <http://www.aacpdm.org/index?service=page/annualMeeting2007> or contact 414-918-3014 or info@AACPDM.org.

Diversity in Physical Activity and Health: Measurement and Research Issues and Challenges, October 18 – 20, 2007, The Cooper Institute, Dallas, Texas

The Cooper Institute and the American Association for Physical Activity and Recreation are teaming up to host this 10th annual conference. With an emphasis on measurement and research related topics, issues will include obesity standards for children, physical activity and health disparities, subpopulation dose-response issues, and the role of culture in physical activities.

For more information, visit: <http://www.cooperinst.org/events/scientific/index.cfm> or <http://www.aahperd.org/aapar/template.cfm?template=cooper.htm> or contact mmorrow@cooperinst.org.

Responding to Autism Conference, The Center for Discovery, October 18, 2007, Harris, New York

This conference will consist of high level briefings on the epidemic condition that is affecting more and more children every year, followed by presentations and dialogues on new approaches that represent the way forward. Attendance is by invitation only. Please RSVP by September 14, 2007 to DiAnn Baxley at

845-707-8476. For more information visit: <http://www.thecenterfordiscovery.org/home.html>.

2007 Annual Meeting & Exposition of the American Public Health Association (APHA), November 3-7, 2007, Washington, D.C.

This premier Public Health Educational Forum brings together experts in the field to talk about cutting edge research and exceptional best practices and discover the latest public health products and services. It attracts more than 13,000 national and international physicians, administrators, nurses, educators, researchers, epidemiologists, and related health specialists. APHA's meeting program addresses current and emerging health science, policy, and practice issues in an effort to prevent disease and promote health.

For more information, go to <http://www.apha.org/meetings/> or call 202-777-APHA.

2007 National Prevention and Health Promotion Summit Hyatt Regency Capitol Hill, Washington, DC, November 27-29, 2007

The summit will feature prominent national speakers, the Secretary's Innovation in Prevention Awards, and an opportunity to showcase new approaches to prevention and health promotion – including innovations that promote regular physical activity, eating a healthful diet, taking advantage of medical screenings, and making healthy choices to avoid risky behaviors. This groundbreaking event will unite more than 800 health professionals, business entrepreneurs, and government leaders at all levels who are dedicated to health promotion, chronic disease prevention, health preparedness, birth defects, disabilities, genomics, and wellness.

For more information visit <http://www.cdc.gov/cochp/conference/index.htm> or contact Jayme Washam, CMP at 703.615.0312 or 239.985.9282 or email: JWasham@MeetingsManagementGroup.com.

International Conference on Ambulatory Monitoring of Physical Activity and Movement, May 21-24, 2008, Rotterdam, The Netherlands

Researchers, clinicians, developers and suppliers interested in ambulatory monitoring are invited to this comprehensive 3-day program with renowned international speakers, oral and poster presentations, and commercial exhibitors with the latest technology. Topics include methodological and practical issues, measurement of physical activity, ambulatory assessment of energy expenditure, movement analysis outside the lab advances in technology and signal analysis, applications (e.g. public health, sports, medical disciplines, psychology, ergonomics, movement sciences), and the future.

For more information go to <http://www.icampam.org/> or contact info@icampam.org.

Employment

Staff Research Associate III, Program/Project Coordinator, University of California, San Diego (UCSD)

The incumbent will act as program coordinator for EPARC (Exercise and Physical Activity Resource Center) in the UCSD Department of Family and Preventive Medicine. Duties include working with principal investigators and/or research staff on physical activity measurement issues for various health-

related research studies, including Project Management for the Physical Activity and Location Measurement System (PALMS) study. This is a 4-year project involving researchers, consultants and companies with expertise in physical activity and energy expenditure measurement, active living research, software engineering, wireless sensor development, cell phone technologies, GPS and geographic information systems (GIS) technologies and data modeling.

Position will be closely aligned with the UCSD/SDSU-based PACE Research Group: www.paceproject.org. Please go to www.ucsdparc.org for more information.

If interested, please submit an on-line resume to the University of California, San Diego job link http://joblink.ucsd.edu/bulletin/job.html?job_id=43588

2 Branch Chief Positions, Centers for Disease Control (CDC), Division of Nutrition, Physical Activity and Obesity, Atlanta, Georgia

Chief of Obesity Prevention and Control:

Goal is to implement a comprehensive public health plan to reduce and prevent obesity in the U.S.

Chief of Program Development and Evaluation:

Goal is to implement a public health plan to promote physical activity, good nutrition, and healthy weight throughout the U.S.

Formal announcements will soon be posted on www.USAJOBS.gov. For more information, please contact William H. Dietz, M.D., Ph.D., Director, Division of Nutrition, Physical Activity, and Obesity at wcd4@cdc.gov or 770-488-6042.

Director of Operations/Office Manager, Association of University Centers on Disability (AUCD), Silver Spring, Maryland

AUCD is looking for an individual to assist, support, and coordinate activities related to the internal and external management and operations and its network of University Centers and Programs.

For more information, please go to http://www.aucd.org/template/opportunity.cfm?opportunity_id=94&id=158&parent=158 or contact George Jesien, Ph.D., Executive Director, at 1010 Wayne Avenue, Suite 920, Silver Spring, MD 20910 or gjesien@aucd.org.

Visiting Research Associate - Accessibility Specialist, National Center on Accessibility (NCA), Bloomington, Indiana

This specialist assists NCA in providing expert information and technical assistance, conducting accessibility assessments, participating in training and education programs and facilitating research on the inclusion of people with disabilities in parks, recreation and tourism. Qualifications include an M.S. Degree in parks and recreation, therapeutic recreation or related field, and 2 years' work experience.

For more information, contact Gary Robb, NCA Director, at grobb@indiana.edu or (V) 812-856-4422,

(TTY) 812-856-4421. For more information about NCA, please visit <http://ncaonline.org/index.shtml>.

Opportunities for Participation in Research

Request for Participation in National Questionnaire on Sports, Disability and Employment (DSUSA)

Disabled Sports USA (DSUSA) is performing a National Questionnaire on Sports, Disability and Employment and is looking for input. This national survey should have a strong impact on demonstrating the importance of adaptive sports programs for people with disabilities.

Your participation is important for the success of this survey and for determining how to better serve those with disabilities. If you are willing to participate in a short survey, please provide your name, email address, phone number and disability to Kirk Bauer, Executive Director of Disabled Sports USA, at kbauer@dsusa.org or call 301-217-9838 as soon as possible, but no later than August 31, 2007. Your information will be kept confidential and will not be used for any other purpose.

Vietnam Veterans Living with Amputation Needed for Research, Indiana-Ohio Center for Rehabilitation Research, Department of Defense

This partnership plans to study how Vietnam veterans with war-related amputation fared with respect to physical and psychosocial health and rehabilitation, so that they can assist in the rehabilitation and adjustment of amputees coming back from current and future conflicts.

Register online at <https://www.vietnamwaramputee.org> or obtain a hard copy questionnaire by calling 866-283-2599 (toll-free), emailing robbinsc@iupui.edu, or writing: Mr. Chris Robbins, School of Health and Rehabilitation Sciences, Indiana University, 1140 West Michigan Street, Coleman Hall CF 124, Indianapolis, IN 46202.

Grants and Funding Opportunities

New Grant Seeks Ideas for How Video & Computer Games Can Improve Health and Health Care, September 26, 2007

Changemakers, in partnership with the Robert Wood Johnson Foundation, is seeking creative solutions that merge computer and video games with health and health care.

For more information, go to <http://www.changemakers.net/en-us/competition/healthgames> or contact (888) 631-9989.

"I Wish I Could" Teacher Grant Program - Deadline October 1, 2007

Do you want to inspire your students to lead more healthful lives? Do you wish your students would start their days with 10 minutes of yoga or choose carrot sticks instead of french fries in the cafeteria? If you're looking for ways to make your classroom healthier, share your story and you could win a \$500 grant. The "I Wish I Could" teacher grant program will support teachers who wish to integrate Namaste Charter School's principles of health and wellness in their own classes.

Sponsored by Mars, Incorporated, 20 individual grants of \$500 each will be awarded to teachers and schools across the nation. Visit www.NamasteShares.org until October 1 to share your story.

Running Programs for Children, Saucony Run for Good Foundation, October 8, 2007

This grant program is to encourage active and healthy lifestyles in children. Grants are open to non-profit organizations that initiate and support running and fitness programs for kids.

For more information, go to <http://www.sauconyrunforgood.com/>.

School-Based Interventions to Prevent Obesity, October 16, 2007

This funding opportunity encourages the formation of partnerships between academic institutions and school systems in order to develop and implement controlled, school-based intervention strategies designed to reduce the prevalence of obesity in childhood.

For more information, go to <http://www.egrants.net/Public/index.cfm?ID=9017&UserID=sro03>.

NCPAD Contact and Partner Information

NCPAD is funded by the National Center on Birth Defects and Developmental Disabilities at the Centers for Disease Control and Prevention (CDC) and is located at the University of Illinois at Chicago in the Department of Disability and Human Development. All materials listed below - and more - are available on the NCPAD website at <http://www.ncpad.org> or by calling our toll-free number: 1-800-900-8086. Alternative formats are available.

NCPAD's partner affiliates include the Rehabilitation Institute of Chicago (RIC), the National Center on Accessibility (NCA), The Arc of the U.S., the National Council on Independent Living (NCIL), and UCP National. Friendly, highly trained Information Specialists are available through a toll-free hotline and TTY at 1-800-900-8086, e-mail ncpad@uic.edu, or fax 1-312-355-4058 to provide personalized responses to your questions.

Subscribe/Unsubscribe

To sign up for this free monthly electronic newsletter, click on <http://www.ncpad.org/newsletter/> or send an e-mail to listserv@listserv.uic.edu with this message in the body of the e-mail: SUBSCRIBE NCPAD-NEWS yourfirstname yourlastname

If you would prefer to NOT receive NCPAD's monthly electronic newsletter, send an e-mail to listserv@listserv.uic.edu with this message in the body of the e-mail: SIGNOFF NCPAD-NEWS

Legal Notice

Links to articles appearing on other sites or sources are subject to the reproduction rules of those sites or sources. All other articles appearing in this newsletter are copyrighted by Board of Trustees of the University of Illinois (2003) unless otherwise noted. These articles may be freely distributed electronically

provided that they are distributed in their entirety and include the following notice: "This article originally appeared in The NCPAD-News, issue date ##. It may be freely distributed electronically as long as it includes this notice but cannot be edited, modified, or distributed in other form(s) without the express written permission of NCPAD. Write to ncpad@uic.edu for additional details." Any other use of the materials in NCPAD-News or on the NCPAD Web site at <http://www.ncpad.org>, including modification or re-publication without our prior written permission is strictly prohibited. This includes, but is not limited to, posting to another Web site. Contact us via e-mail at ncpad@uic.edu. The information provided in this material was supported by Grant/Cooperative Agreement Number U59/CCU516732 from the Centers for Disease Control and Prevention (CDC). The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.

[Add a Newsletter Section](#)

[Update this Newsletter](#)

[Disclaimer](#) | [Webmaster](#) | [Contact NCPAD](#): 1-800-900-8086 or e-mail:ncpad@uic.edu |

The information provided in this website was supported by Grant/Cooperative Agreement Number U59/CCU522742-02 from the Centers for Disease Control and Prevention (CDC).

UIC Logo



The contents are solely the responsibility of the authors and do not necessarily represent the official views of CDC.

Copyright 2011 The Board of Trustees of the University of Illinois